



It's Time for a Soul-Detox:
Come Clean!
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1. Sin POISONS OUR SOULS ... until we are totally broken.
 - "For I have the desire to do what is good, but I cannot carry it out." Romans 7:18
 - "sinful desires which wage war against your soul" 1 Peter 2:11
 - "a burden too heavy to bear" Psalm 38:4
 - "Investigate my life, O God" Psalm 139:23-24

2. We CONFESS OUR SINS TO GOD for FORGIVENESS.
 - "If we confess our sins, he is faithful and just and will forgive us our sins" 1 John 1:9

3. We CONFESS OUR SINS TO OTHERS for HEALING.
 - "Therefore confess your sins to each other and pray for each other so that you may be healed." James 5:16