



Do You Know ~~About~~ Jesus? (Part 7)

5 Steps to Strengthen Your Relationships

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SERIES TEXT: Eternal life is to know you, the only true God, and TO KNOW JESUS CHRIST, the one you sent." - Jesus, John 17:3 CEV

SERIES BIG IDEA: Knowing Jesus is the key to knowing eternal hope, joy and peace in your life.

5 STEPS TO STRENGTHEN YOUR RELATIONSHIPS

STEP 1: DO I FEEL SAFE?

- God is our refuge and strength, an ever-present help in trouble. Psalm 46:1 .

Advice: Take Love Language Quiz Together: <https://bit.ly/MyLoveLanguageQuiz>

STEP 2: DO I FEEL HEARD?

- A fool finds no pleasure in understanding but delights in airing his own opinions. Proverbs 18:2 NIV
- Moreover, He who answers before LISTENING – that is his folly and his shame. Proverbs 18:13 NIV

"Listening is loving." - Dr. Jack Rozell

- My beloved brothers, understand this: Everyone should be quick to listen, slow to speak, and slow to anger, for man's anger does not bring about the righteousness that God desires. James 1:19-20

STEP 3: DO I FEEL AFFIRMED?

- An anxious heart weighs a man down, but a KIND WORD cheers him up. Proverbs 12:18 NIV

STEP 4: DO I FEEL VALUED?

- As soon as he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul. And Saul took him that day and would not let him return to his father's house. Then Jonathan made a covenant with David, because he loved him as his own soul. And Jonathan stripped himself of the robe that was on him and gave it to David, and his armor, and even his sword and his bow and his belt. And David went out and was successful wherever Saul sent him, so that Saul set him over the men of war. And this was good in the sight of all the people and also in the sight of Saul's servants. 1 Samuel 18:1-5

Next Steps: Sunday, March 6th 9AM @ Calvary

STEP 5: DO I FEEL LOVED?

Yes or No: Has anyone upset you or caused you to feel unloved?

Love: The Motivation of Our Relationships 1 Corinthians 13:1-8a (The Passion Translation)

- 1) If I were to speak with eloquence in earth's many languages, and in the heavenly tongues of angels, yet I didn't express myself with love, my words would be reduced to the hollow sound of nothing more than a clanging cymbal.
- 2) And if I were to have the gift of prophecy with a profound understanding of God's hidden secrets, and if I possessed unending supernatural knowledge, and if I had the greatest gift of faith that could move mountains, but have never learned to love, then I am nothing.
- 3) And if I were to be so generous as to give away everything I owned to feed the poor, and to offer my body to be burned as a martyr, without the pure motive of love, I would gain nothing of value.
- 4) Love is large and incredibly patient. Love is gentle and consistently kind to all. It refuses to be jealous when blessing comes to someone else. Love does not brag about one's achievements nor inflate its own importance.
- 5) Love does not traffic in shame and disrespect, nor selfishly seek its own honor. Love is not easily irritated or quick to take offense.
- 6) Love joyfully celebrates honesty and finds no delight in what is wrong.
- 7) Love is a safe place of shelter, for it never stops believing the best for others. Love never takes failure as defeat, for it never gives up.
- 8) Love [Jesus] never stops loving.